

10 CQ Boosters



INFINITE
CONSULTING

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1. Research one cultural value of a country you're working with
2. Replace assumptions with curiosity
3. Learn a greeting in a new language
4. Observe how meetings are run in different cultures
5. Reframe cultural differences as strengths
6. Seek feedback on your communication style
7. Attend a cultural celebration or event
8. Start using the phrase "Help me understand..."
9. Reflect on your own cultural values
10. Read or listen to one cultural insight daily

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1. Research one cultural value of a country you're working with
Understanding just one value (like direct vs. indirect communication) can transform how you approach conversations.



2. Replace assumptions with curiosity
Instead of assuming why someone acted a certain way, ask them to share their perspective.

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3. Learn a greeting in a new language

Even a simple "hello" in someone's native language can build instant rapport.



4. Observe how meetings are run in different cultures

Is the focus on collaboration or authority? Take notes and adapt.

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5. Reframe cultural differences as strengths

Ask yourself: What unique value does this perspective bring to the table?



6. Seek feedback on your communication style

Are you perceived as too direct or too indirect? This insight can help you adapt.

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7. Attend a cultural celebration or event

Experiencing another culture firsthand is one of the best ways to build understanding.



8. Start using the phrase "Help me understand..."

It's a powerful way to signal openness and learn from others.

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9. Reflect on your own cultural values

Understanding your own preferences makes it easier to appreciate others'.



10. Read or listen to one cultural insight daily

Whether it's an article, a podcast, or a quick video, keep expanding your awareness.

Want to take your Cultural Intelligence to the next level?

Contact us today to learn how our workshops, coaching, and assessments can empower you or your team to succeed in a global workplace.

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